

## Application Instructions

1. Peel the protective backing away from the PTFE Patch
2. Apply the PTFE Patch directly onto the dry surface of the orthotic or footwear (wherever friction relief is desired)
3. *Do Not Apply Directly To Skin*
4. Press firmly around the entire patch to secure.
5. Replace the PTFE patch if it becomes worn, torn, or loose.
6. Do not apply to vinyl surfaces

## Available in Convenient Ready-to-use packages for your practice

Small Ovals (10/pkg)

Large Ovals (10/pkg)

1st Ray Patch (5-L / 5-R)

Assorted (4-S, 4-L, 1 pr 1st Ray)

Available in Australia & New Zealand  
through Mason Grogan

Tel: +61 2 9748 3838  
[www.grogangroup.com](http://www.grogangroup.com)

*More information available  
at [www.PTFEpatch.com](http://www.PTFEpatch.com)*

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*The most effective  
friction-reducing  
modality for the foot.*

Latex-free PTFE incorporates ShearBan® technology

## Why PTFE Patch?

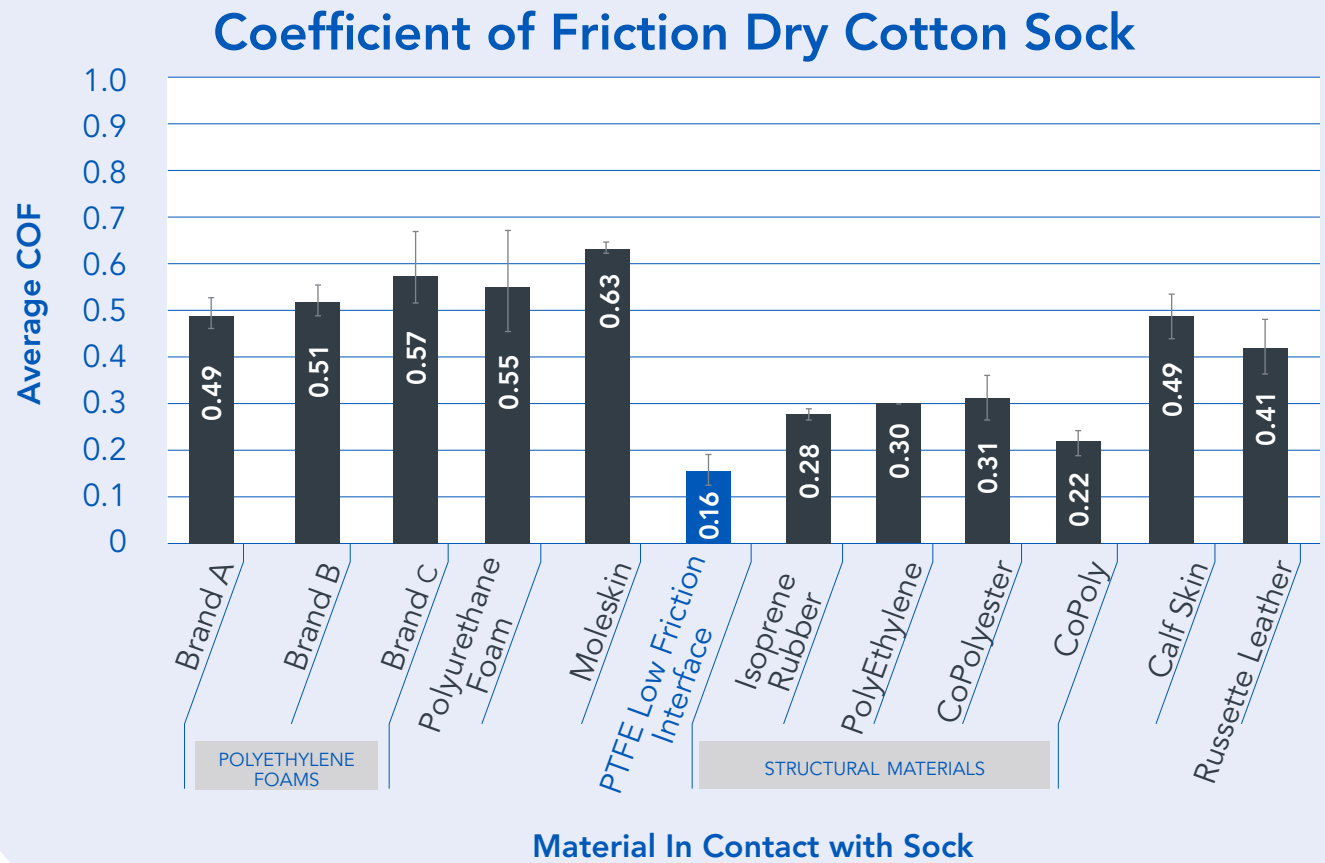
Calluses, blisters and foot ulcers are common, yet serious problems often addressed through pressure reduction. However, friction is also a major factor causing skin failure in these conditions. PTFE Patches provide a simple solution for reducing friction, aiding in prevention of these foot conditions, and creating a better healing environment as well.

PTFE Patches reduce the coefficient of friction dramatically to decrease skin trauma. Adding a PTFE Patch reduces friction under the skin and can increase the effectiveness of other callus, ulcer, or blister preventions or treatments.

These self-adherent patches are durable, flexible, and thin. Application does not affect fit or function of orthoses, shoes, or insoles.

## Application and Replacement

Orthotics or insoles should be worn for several days before PTFE Patch application to ensure proper placement in the location of maximum irritation. Application is simple: remove the backing, apply the patch and press firmly around the edges. PTFE Patches often last many months depending on activity, and should be removed and replaced if



worn, torn, or loose. Use a heat gun to slightly warm the old patch and loosen the adhesive for easier removal. Do not apply to the skin.

## PTFE Patch Facts

PTFE Patches relieve friction and shear forces to support a better healing environment on the plantar foot.

PTFE Patches are self-adhering for easy application to any area of an orthotic, shoe or insole to reduce the chance of skin failure due to friction.

PTFE Patches can be applied to diabetic shoe insoles in common areas of callus or ulcer formation.

PTFE Patches are water and sweat resistant, giving them a very low coefficient of friction even when wet.

PTFE Patches combined with an offloading orthotic can neutralize the primary causes of calluses and ulcers, namely horizontal (shear) and vertical (pressure) stresses.

PTFE Patches are precut and ready-to-use, and can be easily trimmed for custom needs. They are available in:

- small ovals for the hallux or a single metatarsal head
- large ovals for multiple metatarsal heads
- 1st ray patches for the medial forefoot area, including the hallux and 1st and 2nd metatarsal heads